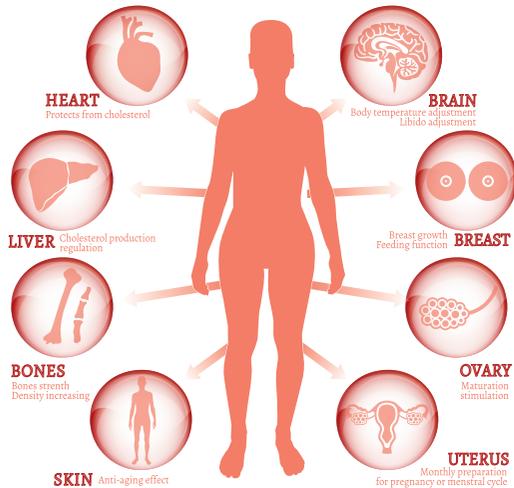


· BENEFITS OF PELLET THERAPY ·

After receiving our Pellet Therapy, women experience:

- Better Sleep · Clearer Thinking · More Energy in General ·
- Increase in Libido · Restores Vaginal Health and Lubrication ·
- Weight-Loss · Increases Skin Elasticity · Eliminates Hot Flashes ·

THE INFLUENCE OF ESTROGEN



Replacing lost hormones is crucial to feeling good and being in optimal health. Hormone replacement restores the body to a youthful state, stopping the process of deterioration that leads to many degenerative diseases.

· HOW TO BEGIN ·

Pellet therapy begins with a call to us. We will send you for a simple blood test. When your lab results are in, you will have a consultation with us, at which we will analyze your current hormone levels & evaluate your symptoms.

If pellet therapy is prescribed, you can receive your pellet insertion in minutes! You'll be sent for a follow-up blood test to re-evaluate your hormone levels at one month after your insertion. Adjustments can be made to your next pellet insertion dosage, if necessary.

· COST ·

Typically, pellet insertion is required for women every 3-4 months, in order to maintain optimum hormone levels and alleviate symptoms of deficiency. Insertion costs are \$399 for women, or around \$100 per month on average.

Lab charges for the initial and follow-up blood tests are not included. Lab fees are paid to the lab you use and are usually covered by insurance. The cost of pellet therapy, however, is not covered by insurance companies. Still, pellet therapy is the most efficient and cost effective way to restore youthful hormone levels and physiological function in men and women.

Bio-Identical Hormone Pellet Therapy can be part of your overall preventative health routine. These all-natural hormones can prevent the thinning of bones that leads to osteoporosis and discourage the onset of health conditions that lead to heart disease and dementia.

SCHEDULE TODAY - FEEL LIKE YOURSELF AGAIN FAST!

\$50 OFF FIRST TIME PELLET THERAPY



Richard L. Bloy, MD FACOG
Fort Myers & Naples | 239.561.9191
ContemporaryHealthCenter.com



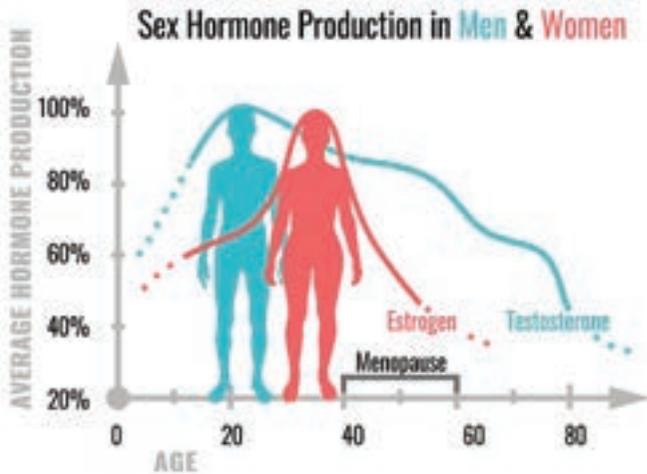
**REFER A FRIEND. EARN A \$50 CREDIT.
USE IT ON ANYTHING WE OFFER!**

(Version 8-23-21)

HORMONE REPLACEMENT PELLET THERAPY

· RELIEVE ·

At Contemporary Health Center, we are committed to providing relief for men and women suffering from symptoms of hormone deficiency. Through the use of our Bioidentical Hormone Replacement Pellet Therapy, we are able to enhance vitality, restore more youthful functioning, and improve quality of life in our patients.



· HORMONES ·

Hormones control your blood pressure, build up bone, contribute to healthy vessels and tissue, lubricate joints and maintain muscle tone. They govern growth, making the body produce energy and heat. Hormones maintain the correct level of sugar in the blood and tissues. They put you to sleep at night and wake you up in the morning.

A common misconception regarding hormones is that testosterone is an exclusively male hormone, while estrogen is only found in females. This is untrue. Testosterone, for instance, is vital to the health and well-being of both men AND women. Testosterone contributes to muscle mass, strength and endurance, decreased fat, increased exercise tolerance, enhancement of the sense of well-being, and psychological health. Testosterone also protects against cardiovascular disease and reduces cholesterol. Likewise, Estrogen is a hormone produced in both men AND women. It's vital that prescribed Estrogen is a bio identical estrogen. This hormone protects against vaginal atrophy, urinary incontinence, and alleviates symptoms of menopause like hot flashes and night sweats. Estrogen is even believed to protect against heart disease, stroke, osteoporosis, Alzheimer's disease and memory disorders.

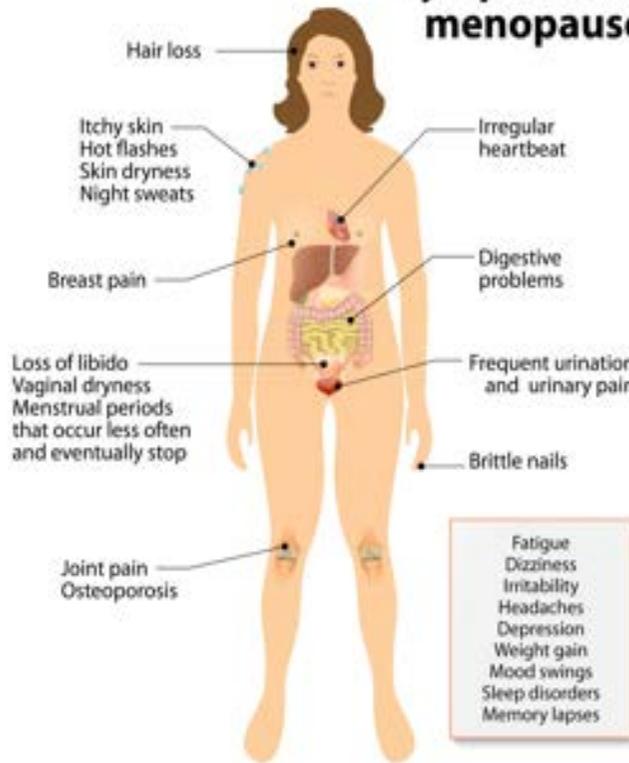
· RESTORE ·

· DECLINING HORMONES ·

As we age, important hormone levels drop. By age 35, or earlier, both men and women may begin to experience the effects of declining hormone levels, and may have some or all of the symptoms listed below:

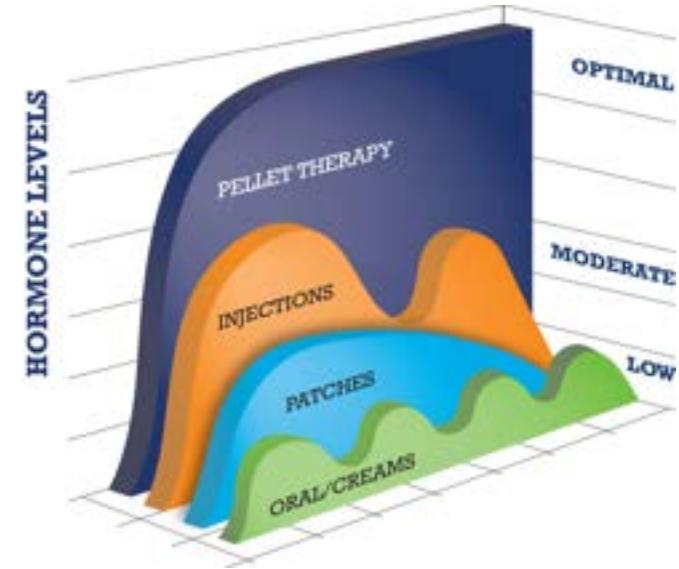
- Fatigue · Loss of Energy · Depression · Anxiety · Mood Swings · Difficulty Sleeping · Loss of Memory · Mental Fog · Osteoporosis · New Headaches · Hot Flashes · Night Sweats · Aching Joints · Bladder Problems · Dry Skin · Vaginal Dryness · Palpitations · Low Libido · Loss of Interest in Sex ·

Symptoms of menopause



· REVITALIZE ·

· WHY PELLET THERAPY? ·



Creams, patches and pills simply do not provide the safe and optimal hormone levels that pellet therapy does. Trans-dermal delivery, pills, and other methods of hormone replacement vary in absorption, effect and tend to result in unhealthy and unpleasant highs and lows. And, these methods don't provide the long lasting relief that pellets do.

Of all the hormone replacement treatments available, Pellet Therapy is by far the superior method. Pellets are comprised of molecularly-identical hormones derived from vegetable products, and are painlessly inserted in minutes into fatty tissue on the hip. Then, the pellets release hormones directly into the bloodstream, avoiding the liver and the first pass effect. Because they are time-released, pellets provide continuous bio-availability of the hormones - the same way the body used to release them.

Since these hormones are a perfect molecular match to your body's own hormones, Pellet Therapy provides relief from symptoms safely, conveniently, reliably, and quickly. While dosage will vary from person to person based upon your individual symptoms and hormone levels, pellets need to be inserted only every 5-6 months for men and every 3-4 months for women.