

• CAN I ENHANCE MY O-SHOT® TREATMENT? •

Yes. We highly recommend pairing the O-Shot® with Juliet Vaginal Laser treatment for maximized results. This powerful duo uses multiple modalities to treat stress urinary incontinence, vaginal laxity, dryness and more.

• DOES INSURANCE COVER THE O-SHOT®? •

No. The procedure is considered elective and is not covered by insurance. The treatment does treat medical issues for women and it is a revolutionary procedure that is transforming women's sexual health. However, insurance companies notoriously lag behind in covering effective advances.

• HOW MUCH DOES THE PROCEDURE COST? •

Cost of treatment \$1200

Cost of combination O-Shot® and Juliet Vaginal Treatment \$1800

Schedule your consultation now!



O-Shot®

Other Sexual Health Treatments:

- Bio-Identical Hormone Replacement Pellet Therapy
- Juliet Feminine Laser
- NovaSure Endometrial Ablation
- Labiaplasty
- Vaginal Rejuvenation Surgery
- **Vampire WingLift®** (Labia Lift)
- Medi Weightloss Services
- The **P-Shot®** for Men
- Acoustic Wave Erectile Therapy for Men
- Testosterone Pellet Therapy for Men
- **Refer a friend. Earn a \$50 Credit.**
Use It On Anything We Offer!



Richard L. Bloy, MD FACOG

Fort Myers & Cape Coral - 239.561.9191

Naples - 239.325.2412

www.ContemporaryHealthCenter.com



Put the

Oh!

Back in Your Love Life.

• STOP URINARY INCONTINENCE &
ENHANCE ORGASMIC RESPONSE •

HEALTHY

At **Contemporary Health Center**, our trained and caring practitioners are passionate about health and wellness. Women experiencing sexual difficulties or incontinence issues will find it easy to discuss intimate issues to practitioners who are ready to listen and provide effective treatment options.

• WHAT IS THE O-SHOT®? •

The **O-Shot®** (or **Orgasm Shot®**) is an innovative, non-surgical procedure that uses growth factors each woman has in her own body to stimulate vaginal and clitoral rejuvenation and healing and to activate the female orgasm system. The simple, non-surgical medical procedure is designed to help women with sexual problems or urinary incontinence, or to simply enhance the sexual experience. When combined with proper hormone balancing, the results can be quite exceptional. The entire painless process takes only 5 minutes.

The theory behind the **O-Shot®** involves an FDA approved procedure for harvesting of the Platelet Rich Plasma followed by a very specific method of amplifying or augmenting the vaginal tissues with injection of that PRP. According to the inventor, Dr. Charles Runels, the patient's own platelet derived growth factors naturally stimulate the body's stem cells causing them to initiate a healing process that can create new blood vessel, nerve and healthy tissue growth with the result being better function, better responsiveness, sensation and dramatically improved sexual satisfaction.

NATURAL

The **O-Shot®** is one of the best treatments available for female sexual dysfunction and stress urinary incontinence, and is one that is backed by scientific research.

• WHAT DOES THE O-SHOT® TREAT? •

The **O-Shot®** can help women suffering from:

*Painful sex
Difficulty reaching orgasm
Difficulty becoming aroused
Low desire
Decreased sensitivity
Stress urinary incontinence
Poor vaginal lubrication*

• HOW IS THE O-SHOT® PERFORMED? •

The **O-Shot®** procedure begins by the practitioner drawing a small blood sample in the same way as for a blood test. Then using a centrifuge and a proprietary method, Platelet Rich Plasma (PRP) that contains the special growth factors is isolated. After the vagina and clitoris are anesthetized using a very strong local anesthetic, a very thin needle is used to inject the growth factors into the precise locations. Women feel no pain.

• WHAT ARE THE RESULTS OF THE O-SHOT®? •

Many women enjoy the effects of the **O-Shot®** almost immediately. Then as the growth and healing factors begin to rejuvenate the tissues, women experience enhanced sexual response, decreased urinary incontinence, and increased vaginal lubrication. The improvements will intensify around 3 months after treatment. Almost all women receiving the **O-Shot®** enjoy an increase in their sexual responsiveness, and for many, the increase is dramatic. Results can last eighteen months to three years.

ENHANCED

Benefits of the O-Shot® include:

Greater arousal from clitoral stimulation

A tighter introitus (vaginal opening)

Amplified orgasms

More frequent orgasms

Intensified sexual desire

Increased ability to have a vaginal orgasm

Restoration of natural lubrication

Relieved pain during intercourse

Decreased or cured urinary incontinence

• IS THE O-SHOT® PROCEDURE PAINFUL? •

No. The area is numbed with local anesthesia. The shots are performed using a very tiny needle. Women experience no pain during treatment.

• HOW LONG DOES THE PROCEDURE TAKE? •

The procedure is quick and takes only minutes.

• HOW LONG DO THE RESULTS LAST? •

Typically, results can last 18 months to 3 years.

• HOW OFTEN DO I NEED O-SHOT® TREATMENT? •

Most patients choose to have their next **O-Shot®** when the benefits begin to fade or after 12-18 months after their treatment.

• IS THE PROCEDURE SAFE? •

Yes. PRP and the **O-Shot®** are not shown to have negative side effects or complications.

TAKE YOUR ORGASM TO NEW HEIGHTS!